

International travel countdown

Destination		Departure date	
Return date			

- ☐ 3 months: passport validity and blank pages
- ☐ 3 months: entry and transit requirements checked
- ☐ 2–3 months: visa / electronic authorisation applied for
- ☐ 2 months: travel health appointment
- ☐ 6 weeks: travel insurance bought
- ☐ 6 weeks: International Driving Permit (if driving)
- ☐ 4 weeks: medicine rules and doctor’s letter
- ☐ 3 weeks: bank and card notices; fee check
- ☐ 3 weeks: roaming plan or eSIM
- ☐ 2 weeks: currency and document copies
- ☐ 1 week: baggage rules, plug adapters
- ☐ 1–3 days: online check-in, transfers confirmed
- ☐ Departure: documents and medicines in carry-on